

Nexus Behavioural Health

Solutions for a better tomorrow!™

General Informed Consent:

We at Nexus Behavioural Health value you not only as a client but also as a person. Therefore, we would like to give you basic information so that you may make the best decisions possible as relates to your healthcare.

Our approach is psycho-social. This means we consider both you and your environment when developing your treatment. A brief personal and/or environmental history may be helpful to developing good treatment-to-person fit.

Generally speaking, a diagnosis may be helpful. We may ask you bring previous diagnosis and/or workup from your Primary Care Physician (PCP) or other healthcare providers. We may also formulate a diagnosis here to help inform treatment. Sometimes we may ask for your permission to contact your current or past healthcare providers for clarity.

Afterwards, we will give you a general description as to the types of treatment available depending on the chief complaint, presenting problem, and/or diagnosis. This may include a recommendation for updated medical care. ⁱ Then, you may choose what you believe to be best for you.

Privacy/Confidentiality:

We value your privacy and your rights to confidentiality. Due to the complexity and time delays of insurance reimbursements, we expect payment at the time of services rendered. We do not have any relationship with private insurance companies. However, upon your written request, we will be glad to provide you with diagnosis and/or other clinically relevant materials for review and reimbursement of insurance.

Texas State law also limits confidentiality in the following cases: 1) If there is suspected child abuse, elder abuse, or dependent abuse. 2) When threat to kill or injure yourself or others is communicated. 3) If you sign a release of information for records as relates to litigation. Please note, Texas law does not provide for client-therapist confidentiality in court hearings. The court decides whether or not your private information is "privileged." 4) When you are under age 18, your parents or legal guardians have legal rights to your information. We ask for agreement that minors be given the privilege of confidentiality. However, it is at the professional discretion of the therapist to disclose information. The therapist will inform minors when their information will be shared.

For quality assurance of the best treatment possible, we may talk with other professionals. Your information will be disguised so as to keep you and your healthcare information private. We also ask that persons participating in group or family therapy keep others information in confidence. Know that there is no way to assure 100% confidentiality when other non-professionals are present.

Name/Date

Signature

ⁱ Failure to follow recommendation for updated medical care may result in termination of the Nexus Behavioural Health's client-professional relationship